

LANARKSHIRE RAPE CRISIS CENTRE

YOUNG PEOPLE'S PERSPECTIVES ON
SEXUAL VIOLENCE IN LANARKSHIRE

2025

SEXUAL VIOLENCE PREVENTION PRACTITIONER
ANDI WESSEL

SEXUAL VIOLENCE PREVENTION & DEVELOPMENT PRACTITIONER
KAT WILSON

LRCC Crisis Line: 01698527003
Available from Mon-Thurs 9:00-4:00;
Fri 9:00-3:30



LRCC Survey on Sexual Violence Perspectives Amongst Young People

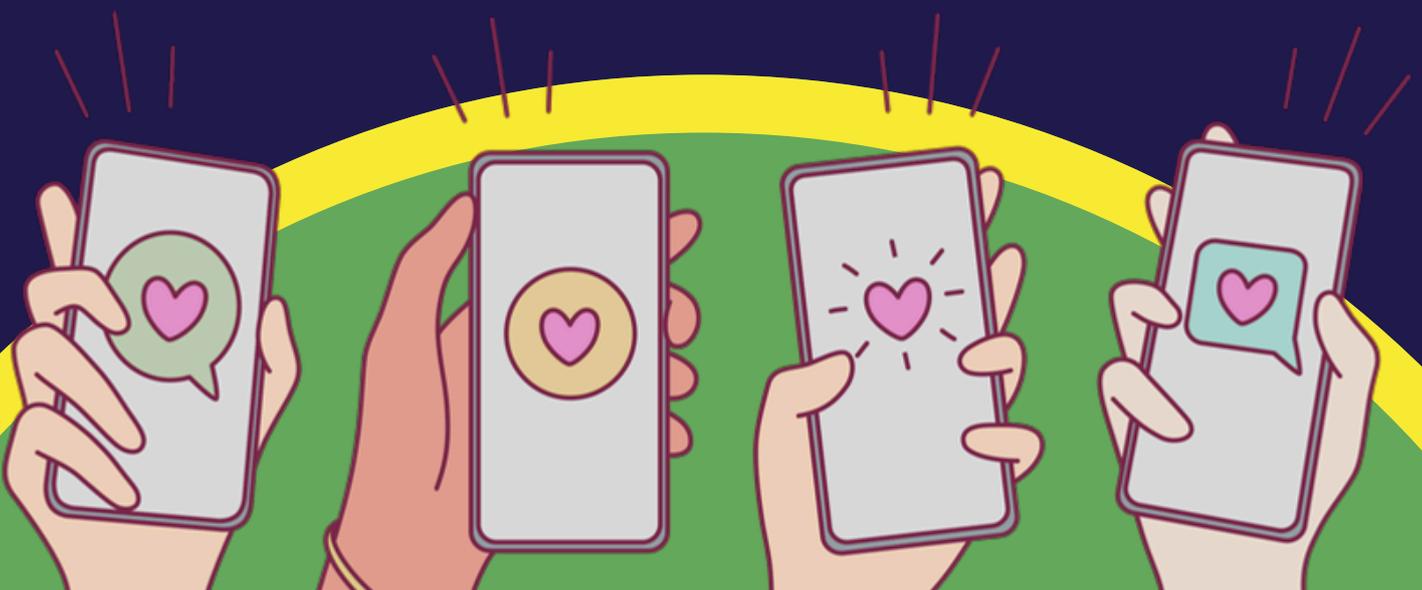
In 2025, the Lanarkshire Rape Crisis Centre (LRCC) conducted a survey targeting young individuals aged 12 to 25 to gather their opinions on sexual violence in the region. The insights gained from this survey are intended to help LRCC's prevention team tailor educational programs that meet the specific needs and desires of young people.

Young participants were invited to complete the optional and anonymous survey through various channels, including Instagram, posters featuring QR codes, tabling events at local colleges and universities, and links sent to partnering schools. To maintain anonymity, participants were asked to provide their contact details in a separate survey to enter a drawing for one of five £20 Greggs gift cards.

The winners were selected on November 27, 2025, and the gift cards were distributed on December 2.

Encouraging young people to participate is crucial, as they offer valuable insights about their experiences with sexual violence.

This information will be a significant asset for LRCC prevention specialists and other youth practitioners across Lanarkshire, allowing them to utilize appropriate scenarios and language to effectively support young people in navigating both online and real-life challenges pertaining to sexual violence.

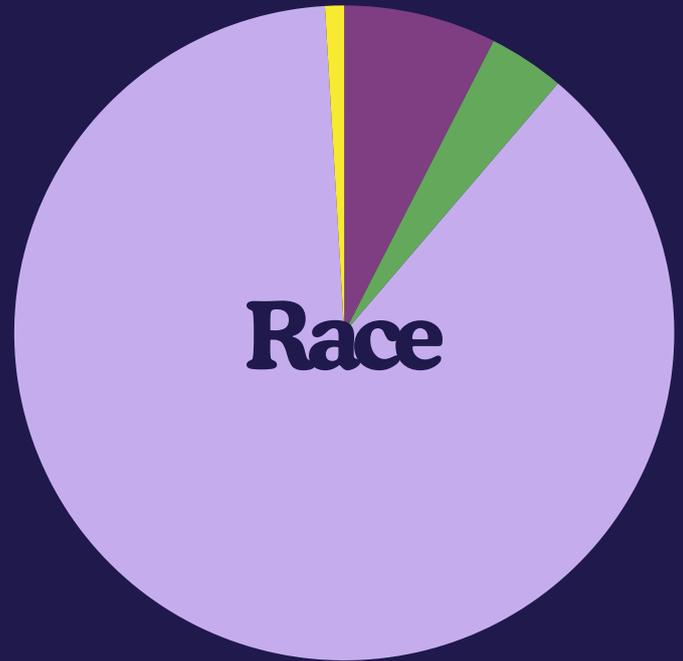


Overview of Participants

Gender Minority
5.6%



N/A Asian**
0.9% 7.5%



North Lanarkshire
23.4%



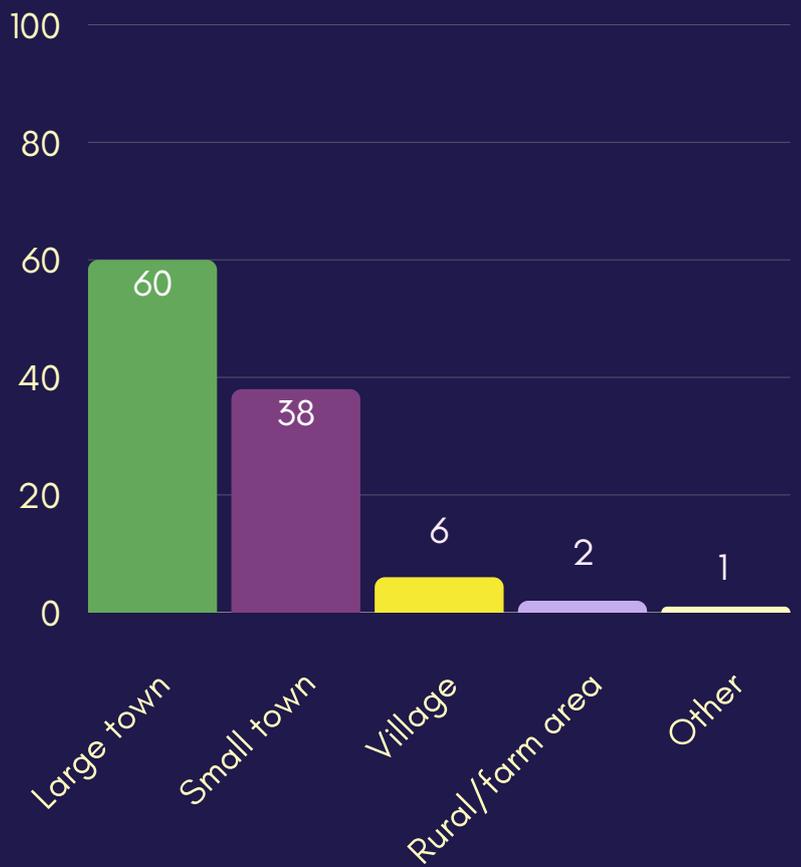
White*
87.9%

White* - White Scottish, White British, White but not Scottish or British; Asian** - Asian, Asian Scottish, Asian British; Black*** - African, Caribbean, or Black British

South Lanarkshire
76.6%



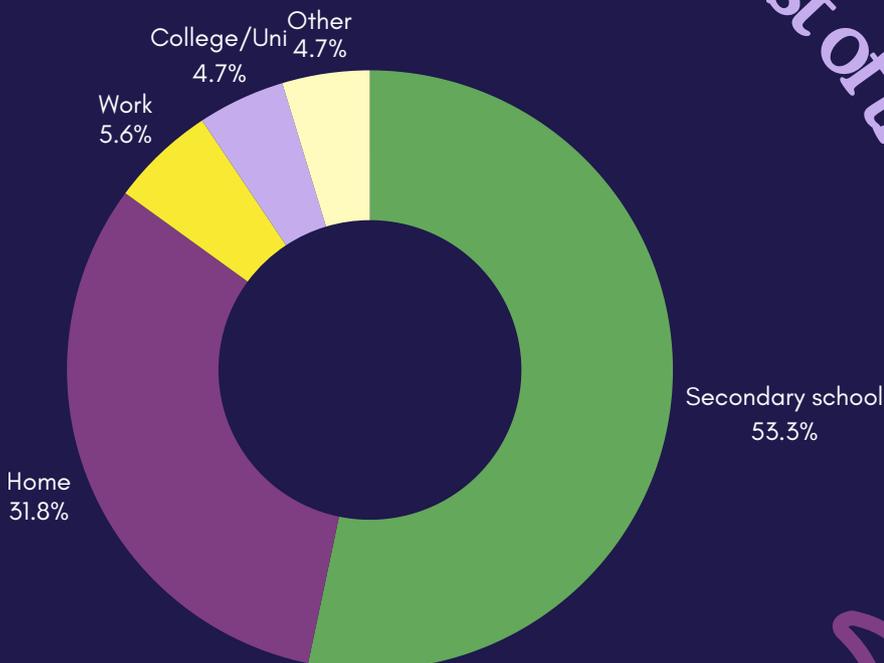
Where they live



17% of participants identified as having a disability

Average age of participants 15.5 years old

Where they spend most of their time...



SEXUAL VIOLENCE DRASTICALLY IMPACTS ALL YOUNG PEOPLE



In the past 6 months,

42% of male participants

78% of female participants

100% of gender minority participants

have feared experiencing sexual violence

More specifically, young people have feared experiencing sexual violence

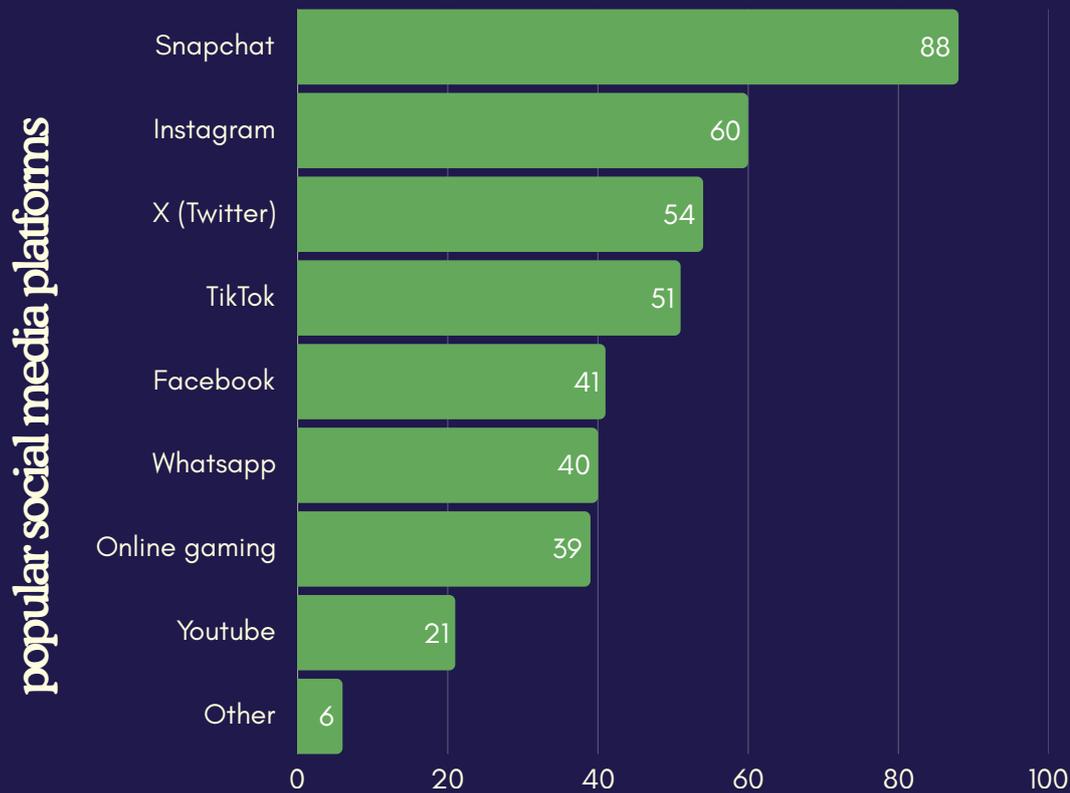
- on public transport (36%)
- on pavements, local streets, & neighbourhoods (19%)
- on school/college/university campuses (13%)
- at shops, shopping centres, or high streets (11%)
- at pubs, bars, and clubs (10%)
- at sport centres, gyms, and pools (9%)

80% of participants have feared experiencing sexual violence where they live or spend most of their time.



ONLINE SEXUAL VIOLENCE

% of participants who think young people experience online sexual violence through various social media platforms



% of participants that believe the following online sexual violence is common

- Taking pictures of someone without their consent (72%)
- Pressuring someone to share a nude photo (68%)
- Older person grooming a younger person (66%)
- Sharing someone's nude photo or sexual messages without consent (66%)
- Calling someone names online (e.g. slag, frigid) (65%)
- Body shaming/making fun of how someone looks (64%)
- Posting sexualised insults (61%)
- Rating attractiveness/sexual activity of others (52%)
- Showing or sending someone porn when they don't want to see it (51%)



WHAT CAN WE DO ABOUT IT?

Talk soon. Talk often.

Discussions about relationships and sexual health should be ongoing and suited to the age of the young person, rather than a single, often intimidating conversation. The adults in young people's lives serve as their most trusted and influential sources of information on these topics. Starting these discussions early makes it easier for everyone involved. Adults don't need to be experts; learning together with your child can be beneficial. The key is to ensure that young people feel comfortable approaching the adults in their lives with questions and receiving honest responses. For guidance on how to discuss age-appropriate relationship topics with young people, please visit our prevention website for additional resources.



School-based & community-level prevention

The Lanarkshire Rape Crisis Centre offers school-based and community-level prevention programs for young people ages 12 to 25 across North and South Lanarkshire. Our centre facilitates the Sexual Violence Prevention Programme, which addresses important topics including:

- Consent
- Power
- Understanding Sexual Violence
- Understanding Online Sexual Violence
- Pornography



Our materials are designed to be youth-led, placing a strong emphasis on participation from the young people involved. This programme should not replace RSHP.

For other community-led groups, LRCC provides bespoke group work that utilises the same youth-led approach, without the formal classroom timeline. Our Sexual Violence Prevention & Development Practitioner works with organisations to determine how to best suit the needs of the young people they work with.

For questions regarding both these approaches, email prevention@lanrcc.org.uk.

Prevention Inquiry

To schedule workshops for your youth organisation, group, or secondary school – please fill out the following Microsoft Forms survey and someone from our centre will be in contact with you as soon as possible.

Workshop Request Form

If you are curious about collaboration, or working with our centre out with the Sexual Violence Prevention Programme, please get in contact with us via email at prevention@lanrcc.org.uk.



Lanarkshire Rape Crisis Centre - Referral Process

At LRCC, we work alongside young people ages 12-18 & those impacted by sexual violence to provide justice advocacy and emotional support.

If a young person discloses to you experiencing sexual violence, ensure them it is not their fault and there is support available. To refer to LRCC, we need the following information:

- Name
- Date of birth
- Identified gender/pronouns
- Address
- Safe contact number
- Can we ID ourselves when calling, sending a text, and/or leaving a voicemail?
- Background (if they are comfortable disclosing)
- Brief overview of support needed (justice advocacy or emotional support)

For emotional support email referral to support@lanrcc.org.uk

For justice advocacy email referral to advocacy@lanrcc.org.uk

Acknowledgements

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